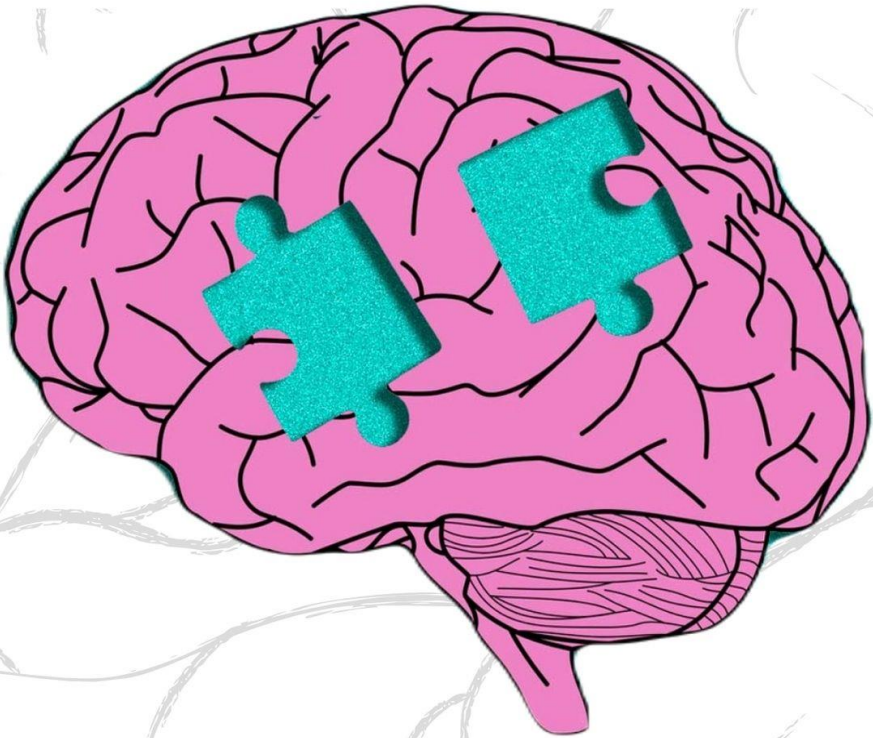


BRAIN-BASED LEARNING SKILLS



Altitude Skills Academy (Reg. No. 2022/483858/07)

92 Alcade Road Lynnwood Glen, Pretoria
3933A Walnut Blvd. Brentwood, CA



Brain-Based Collaborative Support for Student's Outstanding Success

Student's Learning Skills Empowerment

A. The objectives of Brain-Based Learning Skills in the Digital-Brain Age for Learners, Teachers, and Parents:

- ***Innovative Brain Profiling and Thinking preference discovery.***
- ***Learning Styles Discovery for excellent results.***
- ***Learning Challenges discovery e.g. Dyslexia, Dyscalculia, ADHA, Bipolar, Attention Deficit, Emotional Intelligence Deficit, Autism, Traumatized learners, unmotivated learners, etc.***
- ***Brain Wave Examination writing skills.***
- ***Entrepreneurship Skills.***
- ***Providing strategic life-long solutions to Learning challenges in all subjects.***
- ***Fifteen Brain-based learning Skills e.g. Reading, Comprehension Skills, Listening skills, Thinking skills, Questioning Skills, Sharp memory skills.***
- ***Creative Study Skills in Sciences, Mathematics, Languages, Geography and History.***
- ***Brain Hygiene & that fosters Mental and Trauma Wellness for best academic success.***

- ***Chronic Stress remedy through IMSYSER Gut-Brain health management for Psychological, Academic, Mental, Emotional, and physical stress management.***
- ***Career Path Discovery through Ability Identity Assessment.***
- ***Brain profiling and learning style discovery*** - To discover the learner's creativity, best learning styles, and thinking preference to foster critical thinking to solve problems, and sharp memory for excellent success.
- ***Brain waves Examination writing Skills*** - To switch on the learner's creative genius for excellent results.
- ***Trauma and Learning Difficulties Remedy*** - An innovative practical approach to get life-long solutions to enhance learners outstanding success.
- ***Digital Literacy Skills*** - To enhance learner's understanding of the benefits and dangers of social media to enhance learners' outstanding success.
- ***IMSYSER Brain Hygiene and GUT-HEALTH*** - To improve concentration, and memory and reduce anxieties, depression, and trauma for excellent results.
- ***Mental and Trauma Wellness*** - To provide practical remedies to unnecessary chronic stress that causes Trauma and mental illness for outstanding academic results.

How will the workshop content be tailored to the different age groups 6 to 18 years?

Early childhood Learners, Teachers, Parents (Grade 1-3)

- *School Readiness Assessment for children*
- *Intelligent quotient Assessment*
- *Multiple Intelligence for early childhood*
- *Envisaged Learning Challenges*
- *Ability Identity Assessment*

Unique Benefits:

- **Brain Profiling and Learning Styles Discovery:** Tailored programs to help learners understand their unique brain wiring to learn with ease, develop sharp memory, think logically, enhance cognitive abilities to solve problems, and have outstanding results.
- **Learning Styles Discovery:** Interactive sessions with parents to understand their children's best style of learning and concentration to strengthen the support system around students.
- **Brain Waves Examination Writing Skills:** An exceptional skill to help learners activate their Brain Waves during examination writing and switch on their creative genius for excellent results.
- **Emotional Intelligence Skills:** An exceptionally wide range of skills that help learners to develop and build their emotional well-being, self-esteem, trauma, stress management, and life-long soft skills for outstanding success.

- **Learning Difficulties & Trauma Remedy:** An interactive session with learners to help discover their learning challenges such as memory loss – Dysgraphia, Dyslexia, Dyscalculia – (high level of Mathematics anxiety), Attention Deficit Disorder ADD), Attention Hyperactive Deficiency (ADHD), traumatized learners, Bipolar, Autism and Slow learners, etc. Getting lifelong solutions to enhance your child’s outstanding academic success.
- **Student’s Digital Literacy Skills:** The digital age is the Brain-Based age where learners need to be well informed about the benefits and dangers of social media and the high radiation of 5G and Android mobile devices.
 - **Parents’ Ultimate guide: YOUTUBE.**
 - **Parents’ Ultimate guide: INSTAGRAM.**
 - **Parents’ Ultimate guide: TikTok.**
 - **Parents’ Ultimate guide: GOOGLE SCHOLAR**
 - **Parents’ Ultimate guide: ARTIFICIAL INTELLIGENCE**
- **Career Path Discovery:** Students will have the opportunity to understand how to choose the right career path early in life.

IMSYSER Brain Hygiene, Mental & Trauma Wellness Benefits of a Healthy Gut on Learning

Understanding the gut-brain axis is crucial for enhancing excellent learning and mental health. The benefits of maintaining a healthy gut include:

- **Improved Memory and Concentration: Your GUT is your 2nd, Brain:**

- **Brain Food & Supplements for Enhanced Cognitive Function:** Probiotics can improve cognitive functions and reduce symptoms of anxiety and depression.
- **Brain Neurobic Exercise:** Neurobic brain exercise boosts better energy levels and helps your brain waves for optimal performance.
- **Mental Wellness - Improved Listening and Retention Skills:** Students can better assimilate, be mentally alert and retain information.
- **Reduced Classroom Distractions & Discomfort:** Fostering a conducive learning environment.

NBI Thinking Preferences Skills: Understanding Individual Thinking Styles

NBI [Neethling Brain Instruments] thinking preference skills help tailor learning strategies to each student's unique cognitive style. This personalized approach enhances excellent learning outcomes and personal development.

Department of Education projects in SA

- 2015 - NC Department of Education places **6 schools** with us for better NSC results
- 2016 – NC Department of Education places **8 schools** with us for better NSC results

The slide includes two photographs: one of a person with arms raised in a field, and another of a group of diverse students posing together.

More projects for Department of Education in SA

- Since 2014 we have been asked to participate in the annual **NC provincial winter schools** to boost the **academic prowess** of learners through **EI skills transfer**

The slide includes two photographs: one of a group of students in a classroom setting, and another of a person with arms raised in a field.

Evidence of success

In 2013 our first 100% pass rate was achieved for a High School in remote rural areas, namely Calvinia High School where 11 grade 12 learners were assisted with BRAIN-BASED Learning Skills with Emotional Intelligence interventions before the NSC (National Senior Certificate) exams.



Kerry Nel
+27 71 470 3927
kerry@altitudeskillsacademy.com
@brainbridge20

Certified NBI Psychometric Practitioner
Certified Cognitive Parenting Coach
Certified Brain-Based Learning Skills Practitioner

Dr. Janet Adeghenro PhD
CEO: Altitude Skills Academy
+27 84 626 7389
Certified Cognitive Parenting Coach
Certified Career Profiling Coach
Certified Teachers' Digital Upskilling
Certified Brain-Based Learning Skills Practitioner

Altitude Skills Academy (Reg. No. 2022/463858/07)

Dianne Nettling
CEO: Imsyser Health Holdings
Certified Gut-Health Practitioner

Imsyser Health Pty Ltd (Reg. No. 2016/205955/07)
www.imsyser.co.za



Sonia Squires
Industrial Psychologist, Career and Ability Identity Consultant.

Sonia Squires has delivered the following projects in the three Cape provinces in South Africa. (North, East, West) and Gauteng. 1. Loeriesfontein High School Ability Identity program for grades 8-12, assisting youth with neuroscience-based knowledge to build their Intelligent Quotient through creative skills, reflecting their worth and potentials through upmarket class renovations and state-of-the-art materials for sustainable human development and best performance.